



GYM

Price per hour: CHF 120.–.

For more infos about the package prices, please contact me

STEP 1 Choose your subscription model

STEP 2 Work-out!

STEP 3 Tick-off your training schedule together with the coach

SUBSCRIPTION MODEL	SERVICE INCLUDED
1 Unit	1:1 Coaching Beverages/Food Transport
10 Units	1:1 Coaching Beverages/Food Transport
20 Units	Training-schedule FMS Test
30 Units	Performance Test